

Well-being in Healthcare Education 2019

Programme

Time	Speaker	Session	Venue
9.15 - 9.45 Registration and coffee (Foyer)			
9.45 – 10.00	Professor Jacky Hayden, President AoME	Welcome and Introduction	Dora Stoutzker Hall
10.00– 10.20	Vaughan Gething AM	Keynote	Dora Stoutzker Hall
10.20 – 11.00	Professor Andrew Grant	Keynote	Dora Stoutzker Hall
11.05 – 11.25 Coffee and biscuits, poster viewing			
SESSION 1 – PARALLEL 90 MINUTE WORKSHOPS			
11.30 – 13.00	General Medical Council Workshop (Title tbc) Rowntree S , Laugharne K	90 minute workshop	Room
	Can we change the story? Edmundson H, Poulter J Whittington Health	90 minute workshop	
	Creative writing for wellbeing Beeharry R Freelance	90 minute workshop Maximum 10 people	
	Re-humanising Health and Social Care Education through Values Based Reflective Practice (VBRP®) Kennedy J ¹ , Gordon D ² , Ahmed F ¹ , Kenendy H ¹ ¹ University Of Dundee, School of Medicine, ² NHS Tayside	90 minute workshop	
	What makes a successful pastoral support programme? Stevenson K ¹ , Patterson R ² , James N ³ , Gurung R ⁴	90 minute workshop	

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	¹ Musgrove Park Hospital, Taunton, ² Brighton and Sussex Medical School, ³ Imperial College School of Medicine, ⁴ University of Aberdeen		
	Resilience skills training - a bakers dozen Stacey M, Kitchen T Cardiff and Vale NHS Trust	90 minute workshop	
	Longitudinal Integrated Foundation Training (LIFT); supporting the well-being of Foundation doctors Burnett K, Baker P Health Education England North West Office	90 minute workshop	
	British Doctor Student Journal	90 min workshop or 20 min short presentation	
13.05– 14.15 Lunch (Foyer)			
13:15 – 14:15 Poster Presentations and Voting Begins			

SESSION 2: PAPERS IN PARALLEL SESSIONS				
SESSION A - WELLBEING IN THE CURRICULUM				
Chair: tbc				
1.	A.1	14:20-14:40	Kitchen TL ¹ , Bhalla NH ¹ , Green J ² , Rees S ² , Cohen D ² ¹ Health Education and Improvement Wales, ² Cardiff University	Teaching wellbeing in medical education; what works? Consequences, intentional and unintentional
2.	A.2	14:40-15:00	Compton T Plymouth University	Stories fight stigma – lessons from the use of narrative approaches in wellbeing education for medical students
3.	A.3	15:00-15:20	Bevan R	Delivering teaching on religion and spirituality in Medical Education - supporting trainees to support patients

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			University Hospital of Wales College of Medicine	
4.	A.4	15:20-15:40	Abdi R ¹ , Metcalf, E ¹ , Colgate R ² , Greenwood S ¹ , Morris L ¹ Cardiff University, ² ABM ULHB - Old Age Psychiatry	Impact of undergraduate medical student communication skills training with patients with intellectual disabilities.
SESSION B – BURNOUT/STRESS AND WELLBEING MEASURES				
Chair: tbc				
5.	B.1	14:20-14:40	Alexandra Biggs St George's University Hospital	Are we failing in caring for the health of our health care providers?
6.	B.2	14:40-15:00	Parmar K, Bullock A, Samuriwo R, Coventry J Cardiff University	General Practitioner wellbeing in Wales: An exploration of burnout, coping abilities and errors
7.	B.3	15:00-15:20	Trivedy MY Health Education North West	Assessing stress in Core Surgical Trainees
8.	B.4	15:20-15:40	Edmundson H, Poulter J, Stephenson N Whittington Health	The serious business of fun
SESSION C – BURNOUT/MENTAL HEALTH AND WELLBEING				
Chair: tbc				
9.	C.1	14:20-14:40	Miles S King's College London	Addressing shame in Medicine

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10.	C.2	14:40-15:00	Moore O, Bullock A, Samuriwo R, Coventry J ¹ Cardiff University, ² Foundation Training Wales	Exploring medical student well-being: burnout triggers and coping strategies
11.	C.3	15:00-15:20	Bunting M University of East Anglia	Academic advising within the context of the student with mental health concerns
12.	C.4	15:20-15:40	Rees S, Cohen D Cardiff University	Supporting doctors and medical students to disclose their mental ill-health: intervention development of the 'Arbour' app
SESSION D – E-LEARNING				
Chair :				
13.	D.1	14:20-14:40	Gerrard H, Greenwood S, McAllister M Cardiff University	The Impact of a Blended Learning Curriculum on Student Wellbeing
14.	D.2	14:40-15:00	Sultan L, Abuznadah W, Aljifree H, Khan M, Alsaywid B, Ashour F King Abdul-Aziz Medical City	Virtual Reality a Novel Approach to Teach Communication and Collaboration Competencies in Undergraduate Medical Education: An Experimental Study
15.	D.3	15:00-15:20	Parker EM Cardiff University	Supporting Student Studying Abroad Learning Through E-Learning Space
16.	D.4	15.20 – 15.40	Murphy D University College London	Personal Tuition and Pastoral Support in the Digital Learning Environment: Challenges in Programme Development
SESSION E – MORALE				
Chair : tbc				

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17.	E.1	14:20-14:40	Darbyshire D Lancaster University Medical School	Retention of Doctors in Emergency Medicine: What does the literature tell us?
18.	E.2	14:40-15:00	Purkis J, Collins D, Chilton AM, Coe A, Woods M, Rigby S Warwick Medical School	Feedback from students to academic and clinical staff on the support they are provided with
19.	E.3	15:00-15:20	Kirtley J, Singh R, Carr S University Hospitals of Leicester	Embracing the gap: identifying factors, related to generational distinctions, that affect junior doctor morale
20.	E.4	15.20 – 15.40	McVeigh J, Bullock A, Blake S, Coventry J Cardiff University	An exploration of the career thinking states of Foundation doctors in Wales
SESSION F – STUDENT WELLBEING				
Chair: tbc				
21.	F.1	14:20-14:40	Rees, S, Cohen, D Cardiff University	Recruiting students to the ‘How are you?’ cohort study: challenges and key learning points
22.	F.2	14:40-15:00	Guilford, J., Lowe A, Metcalf E, Greenwood S, Johnston A Cardiff University	Medical students utilisation of Year 4 ISCE feedback and wellbeing
23.	F.3	15:00-15:20	Grother T W, Wilson D Cardiff University School of Medicine	Altruism in Medical Students
24.	F.4	15.20 – 15.40	Pugh L, Wilson D Cardiff University	Mentor-Mentee Mutualism: impact of widening access to medicine schemes on the wellbeing of medical students and potential medical applicants (Borderline – provided data is presented)

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		Sub	Rengasamy ER ¹ , Stewart S ² ¹ Cardiff University , ² Royal Medical Benevolent Fund	Prevalence of pressures affecting medical students :A campaign to raise awareness
		Sub	Ham B, Webb K, Riley S Cardiff University	Does C21 better prepare medical students for doctoring in Foundation? A mixed methods study.
		Sub	Potter L, Lee M, Forty L, Kitchen T, Stephens B, Cohen D Cardiff University	Creating a healthy culture: Promoting and sustaining the wellbeing of our future doctors
SESSION H: 80 MINUTE WORKSHOP				
26	H	14:20 – 15:40	Newcastle Evaluation of the recognition and approval of trainers’ standards	80 minute workshop
27	I	14:20 – 15:40	Cooper, N - Masterclass in Assessment for AoME	80 minute workshop
15:40 – 16:00 Coffee and biscuits				
16.05 – 16.45		Special Guest Speaker	Professor Karen Mattick	Dora Stoutzker Hall
16.45 – 17:00		Poster prizes, certificate presentation and closing remarks	Jacky Hayden	Dora Stoutzker Hall
17.00 – 17:15		AoME Annual General Meeting	Jacky Hayden	Dora Stoutzker Hall

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Posters

Posters will be on display in the entrance hall during all refreshment breaks. Authors will be on hand to present and discuss their posters during the times indicated below. Please vote for the poster you consider to be the best using the voting slip in your delegate pack. Voting box will be on the AOME exhibition stand.

No	Authors	Title
P1	Sellathurai J, Bloomfield J, Chilton A	Experiences of an inter-professional collaboration in producing material on professionalism dilemmas
P2	Rigby SP, Collins D, Purkis J, Chilton AM, Coe A, Woods M	'Drop-in' sessions - making student support more accessible
P3	Ishan F, Martin WM, Chilton A-M	Does a cup of tea make a difference to student wellbeing?
P4	Dewdney CJ, Patey R, Wilson P	Promoting Student Well-being: Addressing the Hidden Curriculum
P5	Allsop S, Rutherford S, Browne J	The analysis of the development of self-regulated learning skills in first year medical students
P6	Kent Bramer J, Taheri L, MacAuslan F, Unsworth R, Orhan O, Emerson C	Measuring Burnout and Supporting the Wellbeing of Junior Doctors in the Emergency Department of a London Hospital
P7	Perry R	Developing a teaching program to help trust grade doctors adapt to the NHS
P8	Adams A	The 'Through My Eyes' campaign
P9	Stowell A, Tayyaba S,	Burnout Matters: A prospective longitudinal study of burnout in Cardiff Medical School
P10	Freedman AR, Moore A, Forton J, Brooks R, Logan V, Bennett E	Supporting medical students on Erasmus+ placements - the Cardiff experience.
P11	Rogerson F, Singh A, Fong C, Manickavasagar T, Gillard A, Bhosle J	Establishing a Clinical Supervision Programme for Junior Doctors working in a Tertiary Oncology Centre – a Quality Improvement Project
P12	Skutela D, Chilton AM, Moss J	The WHOA! Model

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P13	Bullock A, Russ E, Bartlett S	“What’s up Doc? A survey of wellbeing in SAS doctors across Wales”
P14	Ashley L	A review of system-wide strategies in hospitals and healthcare settings to enhance junior doctor wellbeing
P15	Preston M	Psychological Burnout in Physician Associate Students
P16	Fisher j , Hendon-John L	Mentoring matters: improving Foundation Doctor support through a new mentoring scheme.
P17	Williams G, Tod J	The Big Conversation - let's talk about death
P18	George N, Crowson R, Huddleston R, Edmundson H	Wellness in the Emergency Department : Take a Break
P19	Bharkhada A., Steadman D	A practice survey to understand the role of a daily Clinical Decisions Meeting (CDM)
P20	Brewster, L	Why should I learn about failure when I want to be a success? Engaging medical students in thinking about clinical errors
P21	Baverstock AC	Supporting Junior Doctors Trust wide
P22	Kwak SY, Tayyaba S	The need for accurate representation of protected characteristics in the curriculum for the well-being of Tomorrow’s Doctors.
P23	Harris D, Suffolk D,	Electronic versus paper student evaluations of face to face teaching: does it make a difference to the quality or quantity of feedback received?
P24	McNally SA	How what we call "Junior Doctors" impacts on morale, training and the NHS (Was a workshop)
P25	Metcalf E, Goodfellow R, Ensaff S	A holistic student support programme- strategies for supporting students preparing for clinical assessments (was a workshop)
P26	Spowart L, Elliott E	Peer mentoring: Building bonds, reducing stress and enhancing personal well-being (was a workshop)
P27	Flynn R1, Wright J1 , McNeill S 2	Widening access to medical school: Looking at the impact medical student-run interview courses have on confidence and breaking down barriers
P28	Murray E1, Krahe C2, Goodsmann D1	Are medical students in pre-hospital care at risk of moral injury?

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P29	Stacey M	Learn or die
P30	Bowyer B ¹ , Webb K ¹ , Collings J ²	Burnout in Undergraduate Medical Students: What is it? Is it prevalent? What can we do?
P3	Ham B, Webb K, Riley S Cardiff University	Does C21 better prepare medical students for doctoring in Foundation? A mixed methods study.
P31	Rengasamy ER ¹ , Stewart S ² ¹ Cardiff University , ² Royal Medical Benevolent Fund	Prevalence of pressures affecting medical students :A campaign to raise awareness
P32	Potter L, Lee M, Forty L, Kitchen T, Stephens B, Cohen D Cardiff University	Creating a healthy culture: Promoting and sustaining the wellbeing of our future doctors

* This programme and its contents were correct at the time of publication. Please note that this programme may be subject to change without notice.

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